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Preprint Title	Nanofabrication method of amphiphilic spheres using linear hydrophobic polymer chains as templates		
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Article Type	Full Research Paper		
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The definitive version of this work can be found at: doi: https://doi.org/10.3762/bxiv.2019.47.v1

# Nanofabrication method of amphiphilic spheres using linear hydrophobic polymer chains as templates

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- 26 Keywords:
- 27 nanofabrication, good solvent, poor solvent, reaction media, amphiphilic structure
- 28
- 29 Abstract

30 Investigation about nanocarriers has been a hot issue and nanofabrication method still plays an 31 important role. In this work, a phenomenon that reacting linear polystyrene chains can collapse when 32 a reaction media changed from tetrahydrofuran to water was utilized as templates to prepare 33 nanospheres. Free radicals on the surface of the collapsed templates can initiate hydrophilic 34 monomers N-isopropylacrylamide and N,N'-methylenebisacrylamide in water. Effect levels of some factors including stirring rate, N-isopropylacrylamide concentration and reaction time of styrene on 35 size and monodispersity of the spheres were investigated. The results show the obtained spheres had 36 37 polystyrene cores and crosslinked poly(*N*-isopropylacrylamide) shells. Monodispersed nanospheres 38 with mean diameter 63nm can be obtained under optimized condition. The results also display that 39 the first effect factor was the reaction time of styrene, and the second was the stirring rate. The 40 proposed technology provides a mode to prepare monodisperse nanospheres or nanocapsules, which 41 are highly attractive for targeting hydrophobic-drug delivery systems, oil-water separation, single 42 molecule detect, colloid science and so on.

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# 57 Introduction

58 Drug delivery system has been a strong interest in pharmaceutical field for a long time [1-3]. 59 Especially in recent years, nanocarriers including nanospheres or nanocapsules have been hot issues 60 on their design, characterization and fabrication because of their small size being able to traverse the 61 smallest capillaries in the body, higher specific surface area [4], and multifunction. In the biomedical 62 field [5-8], because of improving the stability and bioavailability of hydrophobic drugs, the 63 nanocarriers have significance on science and technology research.

64 There have had some technologies to fabricate the micro- or nanocarriers. For example, 65 miniemulsion technology [9] is used to prepare polyurethane nanocapsules with oily core, a mean diameter of 200 nm. Inverse emulsion microspheres polymerization technology [10] is utilized to 66 obtain capsules with aqueous core and uniform polymeric shells with diameters ranging from 0.2 to 67 5µm. A one-pot inverse miniemulsion polymerization technology [11] is taken to gain 68 69 thermosensitive poly(N-isopropylacrylamide) nanocapsules with diameter around 200 nm. Seed 70 emulsion polymerization technology [12] is carried to prepare polymeric microspheres with yolk-71 shell structure. However, it is not nanosize in the strict sense. Up till now, some strategies for 72 nanocarriers is still continuing [13-16].

73 In this project, we report firstly on a technology utilizing collapsed polymer chains as templates to 74 prepare nanospheres. Styrene (St) and N-isopropylacrylamide (NIPAM) were used as reaction 75 materials because they can be initiated by free radicals. Tetrahydrofuran (THF) and water were chosen as reaction media because hydrophobic St and PSt can dissolve in THF, and THF can 76 77 dissolve in water. Both NIPAM and poly(N-isopropylacrylamide) (PNIPAM) were hydrophilic. The 78 expanded PSt chains in THF grow with increasing reaction time and St dosage. Free radicals on end 79 of the PSt chains are able to exist for some time under nitrogen environment and initiate other 80 monomers polymerizing. When THF solution including polymerizing PSt chains is pumped to aqueous solution including NIPAM and N, N'-methylenebisacrylamide, the conformation of PSt 81 chains changes from expanded to collapsed. The collapsed chains are used as templates and PNIPAM 82 are initiated simultaneously by the free radicals, therefore amphiphilic nanospheres including PSt 83 84 cores and crosslinked PNIPAM shells can be obtained. The concept of the proposed fabrication procedure of the nanospheres is schematically illustrated in Figure 1. To explore preparation 85 conditions, effects of some factors such as stirring rate, NIPAM concentration and reaction time of St 86 87 on the nanospheres were investigated. The objective of this study is to obtain some guidance for 88 design and preparation of nanospheres or nanocapsules for different applications.





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Figure 1. Synthetic route of nanospheres with polystyrene cores-poly(*N*-isopropylacrylamide) shells.

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## 92 Results and Discussion

In this work, after St (4.0 ml) in THF (200 ml) solution being initiated at 70  $^{0}$ C for some time under stirring, 16 ml of THF solution including linear PSt chains with the free radicals was pumped into a series of NIPAM ( $1.25 \times 10^{-3}$  g/ml,  $1.04 \times 10^{-3}$  g/ml,  $0.75 \times 10^{-3}$  g/ml and  $0.11 \times 10^{-3}$  g/ml) and BIS aqueous solution, respectively. Experimental parameters were listed in Table 1. The solubility parameter is a very important factor for the formation, size and distribution of the nanospheres. The polarity of the mixture changed simultaneously when THF was pumped into water. The polarity of the mixture,  $\delta_m$ , can be calculated following as,

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$$\delta_{m} = \varphi_{1} \delta_{1} + \varphi_{2} \delta_{2} = \sum \varphi_{i} \delta_{i}$$
(1)

where  $\delta_i$ ,  $\varphi_i$  are the solubility parameter and volume fraction of solvent *i*, respectively [15]. When 16 101 ml of THF solution including polymerizing PSt chains and monomer St was pumped into 175 ml of 102 NIPAM and BIS aqueous solution. According to Equation 3, the solubility parameter of the mixture 103  $[22.23 \text{ (cal/cm}^3)^{1/2}]$  was close to that of water  $[23.4 \text{ (cal/cm}^3)^{1/2}]$ , which meaned the addition of THF 104 105 could not change the polarity of the aqueous solution (The solubility parameter as shown in Table 2). 106 When THF was mixed with water, the conformation of the linear PSt chains changed from expanded 107 to collapsed, meanwhile the unreaction monomer St separated from aqueous solution due to the 108 hrdrophobic property of St and PSt. Because of little dosages and its polarity, St can't continue to 109 polymerize when NIPAM and BIS were polymerizing in the aqueous solution. NIPAM and BIS 110 polymerized under the free radicals on the surface of the collapsed PSt templates. These hydrophilic poly(NIPAM-co-BIS) shells helped the spheres to suspend in aqueous solution. Both the 111 112 homogeneously stabilizing samples in aqueous solution and our previous work [16] can prove that 113 the structure of the spheres was PSt cores and PNIPAM shells.

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#### Table 1. Experimental parameters for preparation of the nanospheres

	Polymerization time and		Polymerization of PNIPAM shell	
No	conversion of PSt in Step 1		in Step 2	
140.	Polymerization time (h)	Conversion (%)	C <sub>NIPAM</sub> (×10 <sup>-3</sup> g/ml )	R <sub>higher speed</sub> (rpm)
А				700
В	8	21.45	1.25	800
С				900
D			0.75	
Е	8	21.45	1.04	800
F			1.25	
G	4	13.45		
Н	6	22.08	0.11	800
Ι	8	21.45		

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**Table 2.** Solubility parameter of solvent under the different ratio

Solvent	Solubility parameter $\delta_m /( ext{cal/cm}^3)$ $^{1/2}$
Water	23.4
THF	9.5
Mixture(V <sub>water</sub> /V <sub>THF</sub> =175/16)	22.23

120

121 Figure 2 shows that TEM micrographs of the final structure prepared at different stirring rates and 122 effect curves of the stirring rate on the mean diameter and monodispersity. From TEM micrographs, 123 the obtained cores-shells structure was easily observed. Different stirring rates resulted in different 124 shear force. When the linear PSt chains with the free radicals were pumped into NIPAM aqueous solution, the precursor spheres were formed by the shear force, and the free radicals on the surface of 125 the precursor spheres can initiate polymerization reaction. From the effect curves, the final spheres 126 diameter decreased with increasing the stirring rate. When the stirring rate was larger than 800 rpm, 127 128 the mean diameters became smaller because the shear force can generate smaller precursor spheres. Meanwhile, because of the meeting chances of the precursor spheres increasing, the monodispersity 129 130 of the spheres decreased. When the stirring rate was lower than 800 rpm, the diameter of the nanospheres decreased obviously. Therefore, the better stirring rate to prepare monodispersed 131 132 nanospheres was chosen to 800 rpm. In the following experiment, the stirring rate was adopted at 800 133 rpm.



134

135Figure 2. TEM micrographs of the core-shell nanospheres prepared with different stirring rates (Scale bar = 0.5μm) and136effect curve of stirring rates on the mean diameter and monodispersity. The sample code (A, B, C) is defined in Table 1.

137 Figure 3 illustrates SEM micrographs of the spheres prepared at different NIPAM concentration. The

138 PNIPAM shells were fabricated by free radical polymerization method. By this method, the NIPAM

139 was grafted on the surfaces of the obtained PSt templates. The mean diameter increased with

140 increasing NIPAM concentration. The mean diameter of the spheres decreased slightly when the

141 NIPAM concentration was more than  $1.04 \times 10^{-3}$  g/ml, which may result from falling out of larger

142 PNIPAM chains. On the other hand, the monodispersity became worse with increasing NIPAM 143 concentration because the aggregation of the nanospheres increased with increasing NIPAM

144 concentration.



# 145

**Figure 3.** SEM micrographs of the core-shell nanospheres prepared with different NIPAM concentrations (Scale bar = 147 1 $\mu$ m) and effect curve of NIPAM concentrations on the mean diameter and monodispersity. The sample code (D, E, F) is

148 defined in Table 1.

149 Figure 4 displays SEM photographs of the final samples prepared at different polymerization time. 150 The polymerization of St follows chain propagation, thus different polymerization time results in different length of PSt chains. When the PSt were pumped into aqueous solution, the size of the 151 152 collapsed precursor spheres should decide the size of the samples. In other word, polymerization time 153 of styrene leaded to different size of nanospheres. The SEM images show that the prepared 154 nanospheres had mean diameters between 40-70 nm. With increasing the reaction time from 4h to 6h, 155 the mean diameters of the samples were almost at the same level, and the final morphology became 156 better. However, when the polymerization time increased further, the mean diameter of the samples 157 increased obviously, and the final monodispersity became worse. When the polymerization time was 158 not very long (e.g., less than 6h), the length of linear PSt chains was relatively short and the small 159 size of the precursor spheres was not very large. This was helpful for preparing smaller spheres with 160 good monodispersity ( $\delta < 0.4$ ) [16, 17]. However, the diameter of the precursor spheres increased so 161 fast when the polymerization time was more than 6h.



162

163Figure 4. SEM micrographs of the core-shell nanospheres prepared with different polymerization times (Scale bar = 1 $\mu$ m)164and effect curve of polymerization times on the mean diameter and monodispersity. The sample code (G, H, I) is defined in165Table 1.

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167 From the above results, to prepare PSt core and PNIPAM shell spheres by using this technology, the first effect factor was the polymerization time of St, and the second was the stirring rate. The optimal 168 parameters should be selected at a stirring speed with 800 rpm, a relatively dilute NIPAM 169 concentration such as  $0.11 \times 10^{-3}$  g/ml, and 6 h polymerization time of St. The preparation parameters 170 of the sample H was close to the optimizing conditions. Figure 5 shows the hydrodynamic diameter 171 of the sample H determined by temperature-programmed photon correlation spectroscopy. The result 172 displays that the mean hydrodynamic diameter was about 63 nm, and the number percentage of the 173 nanospheres with diameters from 59 to 69 nm was up to 95% which means the monodispersity of 174 nanospheres. 175



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Figure 5. The hydrodynamic diameters of the sample H at 25 °C

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#### 179 Conclusion

180 In summary, we have prepared polystyrene cores-crosslinked poly(*N*-isopropylacrylamide) shells 181 nanospheres by using collapsed polystyrene as templates. The collapsed polystyrene cores/templates

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182 were resulted from changing polarity of the solvent. The poly(N-isopropylacrylamide) shells were 183 fabricated under the free radicals on the surface of the templates. Reaction parameters including 184 stirring rate, N-isopropylacrylamide concentration and reaction time of styrene on the size, 185 monodispersity of the nanospheres were investigated. The results of TEM and SEM of the samples 186 show that proposed technology of the nanospheres is practicable. The results also display that the first effect factor is the polymerization time of styrene, and the second is the stirring rate. This 187 188 research provides a new technology to prepare monodisperse nanospheres, which are highly 189 attractive for application in targeting hydrophobic-drug delivery systems, chemical separations, and 190 sensors and so on.

- 191
- 192 Experimental

## 193 Materials

194 Monomer N-isopropylacrylamide (NIPAM) was kindly supplied by Kohjin Co. Ltd, Japan, and 195 purified with a mixed solvent including hexane and acetone before use. Styrene (St) was used after 196 treating with 10 wt% NaOH to remove an inhibitor. Tetrahydrofuran (THF) was purchased from 197 Sinopharm Chemical Reagent Co., Ltd., China, was Analytical Reagent grade and was stored in iced-198 box and used directly without any further treatment. Azodiisobutyronitrile (AIBN) was purchased by 199 Shanghai Test Four Hewei Chemical Co. Ltd., China, was Analytical Reagent grade and was used 200 directly without any further treatment. N,N'-methylenebisacrylamide (BIS) as a crosslinker was 201 purchased by Changsha Oumay Biotech Co., Ltd., China, and used after purifying by 202 recrystallization. The water used in all the experiment processes was distilled water.

## 203 **Preparation of Nanospheres**

The proposed fabrication of the nanospheres included two-step process according to that published previously [18]. The first step was to obtain linear chains of polystyrene (PSt) by free radical method. The process was as follows. A 200 ml of THF (2.47 mol) solution including 4.0 ml of St  $(3.5 \times 10^{-2} \text{ mol})$  and 0.054 g of AIBN  $(3.29 \times 10^{-4} \text{ mol})$  was added into 250 ml three-necked round-bottom flask equipped with a condenser, a nitrogen inlet and a pump outlet. The solution was bubbled by nitrogen to remove oxygen. The polymerization was performed under reflux to overcome the volatilization of THF at 70 °C for some time at 200 rpm.

The second step was to prepare poly(N-isopropylacrylamide) (PNIPAM) shells on the collapsed PSt 211 templates. A series of NIPAM  $(1.9 \times 10^{-3} \text{ mol}, 1.6 \times 10^{-3} \text{ mol}, 1.2 \times 10^{-3} \text{ mol}, 1.7 \times 10^{-4} \text{ mol})$  and BIS (1 212 wt % to NIPAM dosage.  $1.42 \times 10^{-5}$  mol,  $1.18 \times 10^{-5}$  mol,  $8.5 \times 10^{-6}$  mol,  $1.25 \times 10^{-6}$  mol, respectively) 213 214 were dissolved in 175 ml of distilled water in 250 ml three-necked round-bottom flask including a 215 nitrogen inlet, a stirrer and a pump inlet. The solution was bubbled by nitrogen for 30 min before reaction. When 16 ml of THF solution including linear PSt chains with the free radicals was pumped 216 217 into NIPAM aqueous solution in droplets, monomers NIPAM were initiated by the free radicals on 218 the surface of the collapsed PSt templates. Polymerization reaction was proceeded for 1h at 40 °C 219 under stirring at higher speed, then continued for 3h under stirring at 200 rpm. The final products 220 were vacuumized in order to remove unreacted styrene at room temperature.

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# 222 Conversion of PSt in the First Step

After St polymerized at 70 °C for 4h, 6h, 8h, respectively, each of 10 ml THF solution was taken into

a flask, then added toluene to terminate the reaction and added an excess of methanol to precipitate

225 PSt. After centrifuging, drying and weighing, a conversion rate of St at different reaction time was

calculated as follows,

227 Conversion 
$$= \frac{m_{PSt}}{m_{St} + m_{AIBN}} \times 100$$
 (2)

where  $m_{PSt}$ ,  $m_{St}$  and  $m_{AIBN}$  denote the mass of PSt, St and AIBN, respectively. The conversions of PSt were listed in Table 1.

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## 231 Characterizations of Morphology, Mean Diameter and Monodispersity

Scanning electron microscope (SEM, Hitachi S-450, Japan) and transmission electron microscope
 (TEM, TecnaiG2 20-type, Czech Republic) were used to observe the morphology of the samples. For
 SEM observations, all samples were mounted on a copper stub and coated in sputter style with gold.

For TEM observations, all samples were dripped on the copper nets and dried under UV light.

The mean diameter and monodispersity were obtained by statistical method using a digital image analysis system based on the SEM and TEM photographs. During the analysis, the number in each photograph need be more than 300. The mean diameter was equal to sum of multiplication of the size and corresponding number percent of all spheres. To character quantitatively the monodispersity of the samples, an index named the size dispersal coefficient,  $\delta$ , is defined as

241 
$$\delta = \frac{D_{90} - D_{10}}{D_{50}}$$
(3)

where  $D_n$  (n = 10, 50, and 90) denotes the cumulative number percentage of spheres with a diameter up to  $D_n$  equal to n %. The  $\delta$  is smaller, the size distribution means narrower [16, 17].

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### 245 Characterization of Hydrodynamic Diameters of the Samples

The hydrodynamic diameters of the prepared samples at room temperature were determined by temperature-programmed photon correlation spectroscopy (TP-PCS, Brookhaven BI-9000AT, USA). The dispersed samples in water were allowed to equilibrate thermally for 10-15 min before measurements. The hydrodynamic diameters of spheres were calculated from diffusion coefficients by the Stokes-Einstein equation, and all correlogram analyses were performed by using the manufacturer-supplied software.

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#### 253 Acknowledgements

This research was funded by the National Natural Science Foundation of China (21276287, 20976202).

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